

NEWS FROM TTMADRS

January 2018

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TRIANGLE TRADITIONAL MUSIC AND DANCE RETIREMENT SOCIETY

We are a group of retirement pioneers: researching, educating and creating possibilities for community living centered upon dance, music, creativity and friendship.



WHERE WE HAVE BEEN; WHERE WE ARE GOING

For several years, we have been educating others and ourselves about the realities of aging and the options available for a good life until the end of life.

Our research included consulting with many knowledgeable people and organizations specializing in aging and community. This led to identifying a company we can trust: Action Pact. <http://actionpact.com/> We have engaged them to guide us through the process of creating a model CCRC (<https://www.retirementliving.com/continuing-care-communities>) that guarantees autonomy, community, and care during the fragile stages of life. http://actionpact.com/household/household_model

Thanks to our generous community, we have raised funds to contract with Action Pact to design a plan (known as an IPA: Integrated Prefeasibility Analysis) for us.

The Design Process Begins January 30, 2018.

Those who have attended one of our community educational workshops and have contributed a minimum of \$1,000 each will have a seat at the table for the planning process. After a series of IPA meetings in the first quarter of 2018, in which we work out the details of our vision, we will have a realistic business plan to guide us to the next steps of creation.

How are we different from other CCRCs?

We intend to be a permeable community, engaged in the wider community and offering many opportunities for others to join us in our favorite pursuits. We plan to create a culture of person-centered, not institution-centered, life and care.

Many of us are deeply involved in various forms of music and dance – both traditional and contemporary. We intend to remain involved even if it becomes difficult to travel to concerts, dances, and jam sessions. Our vision includes a dance hall/performance space, as well as smaller spaces for jams sessions and classes. That will help keep us connected to the traditions as well as to the surrounding community.

We embrace Household living as the alternative to institutional assisted living and skilled nursing for those who need significant personal care and/or nursing care. These small houses with dedicated teams of helpers will enable us to continue to lead normal lives with the same choices, comforts and pursuits that we have enjoyed in the rest of our lives, honoring our remaining abilities and personhood.

WE NEED A NEW NAME!

We originally called ourselves Contra Corners, but soon realized that narrowed our appeal to contra dancers; we are much more inclusive than the name suggests. When we incorporated as a 501(c)(3) educational non-profit, our attorney told us we needed a more formal name and suggested Triangle Traditional Music and Dance Retirement Society. It took a while for us to realize that this lovely elegant name is cumbersome to write and say. TTMADRS really isn't pronounceable. One of our Founders suggested 2T. It works fine for internal communications but does not reflect who we are and what we are planning.

We are soliciting ideas. What shall we call ourselves now that can also be the name of our future home? Can you think of a phrase, up to three words long, that rolls off the tongue easily, captures our uniqueness, and embraces all kinds of music and dance and creativity? Perhaps something playful that also conveys that we are a solid, stable, enduring community of friendly people.

We will consider all suggestions. If we choose yours, you will be featured in an upcoming newsletter and forever lauded and remembered.

Are you wondering how you can help?

Do you want to be more involved?

- **Follow us** on Facebook. <https://www.facebook.com/dancingintoretirementnc/>
- **Visit our website** periodically; new information is posted in the Blog section periodically. <http://dancingintoretirementnc.org/>
- **Let us know** what you'd like future newsletters to cover. We might start a Q & A section if we hear from a few of you. dirnc.contact@gmail.com
- **Tell your friends** about us. Share the links above. If you would like to make our brochure available at events, email your mailing address and indicate how many you would like.

- **Donate.** We are thrilled that we reached our preliminary goal to fund the IPA. We are still raising funds for more general operating expenses, such as liability insurance, professional services, travel expenses. Any amount helps! Donations to us are tax deductible and we are even set up to accept donations of stock and other securities. Please make your check payable to TTMADRS, P.O. Box 4831, Chapel Hill, NC 27515. For information about donating stock. dirnc.contact@gmail.com
 - **Share your skills.** Our website will soon get an overhaul; if you have a solid understanding of Word Press, we'd like to hear from you. If you have expertise in fundraising and are willing to donate your skills to us, please let us know. Is there something you think we could be doing better and you can help? We want to hear from you.
 - **Come to a Benefit Concert.** If you live in the area, attend the concerts one of our Founders is producing to raise funds for us. First one is Jan 21. Details in the Blog section of our website: <http://dancingintoretirementnc.org/>
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